WRITTEN & ILLUSTRATED BY TATIANA TUCKER
To my family and all the healthcare workers and scientists working to battle Covid-19 across the world
Stay-at-Home Hero

Written and Illustrated by Tatiana Tucker
Danny was feeling angry. He wanted to go see his friends but his parents said no. Everything was different and weird because of something called Coronavirus.

"I know you are frustrated," Mamma said, "but you are a stay-at-home hero! We are helping to keep people safe from getting sick by staying apart for a while."
Mamma explained: Coronavirus, or Covid-19, is a germ that gives people fevers, coughs, and trouble breathing. If you feel sick, tell the person who takes care of you. Little kids mostly just feel icky for a few days, but older people can get sick for longer.
Some people have to go to the hospital and use a machine that helps them breathe, while doctors and nurses take care of them.

Doctors, nurses, scientists, and everyone working in the hospitals are superheroes.
Danny felt scared. Thinking of people sick and in hospitals made him worry and his tummy feel woozy.

Mamma gave him a big hug, "It's okay to feel scared, buddy, but there are ways we can help fight the virus, and protect our community."
Wash hands! Lots of bubbles, lots of scrubbing, and singing handwashing songs pop the virus germs and wash them away.
Play outside with your family but keep a big bubble apart from other people. This keeps germs from spreading.
Talk to friends, neighbors and grandparents on the phone, videos, or letters. Tell them something that made you smile today!
Write cards and bake cookies for the doctors and nurses.
Thank you for keeping us safe.

xoxox
Think of fun new games to play in your home.

Maybe plant a garden!
Danny felt a little better. He was sad he couldn't visit his friends or grandparents, but was excited to be a stay-at-home hero.

"Don't worry my love, It's not forever," said Mamma. "It's going to be hard for a while and you will have lots of different big feelings, but I am so proud of you for being a stay-at-home hero and fighting the coronavirus with me."
All afternoon Danny ran around with sticks and pretended to pop the germs, but he knew he was also helping to protect his community for real, and Danny felt proud.